
Contents

	Preface	vii
	Foreword	ix
	Editor biographies	x
	Contributors	xi
SECTION 1	Physiology and function of the gastrointestinal and hepatobiliary tract	1
1.1	Physiology and function of the mouth	3
1.2	Physiology and function of the oesophagus	8
1.3	Physiology and function of the stomach	15
1.4	Physiology and function of the small intestine	21
1.5	Physiology and function of the colon	28
1.6	Physiology and function of the pancreas	33
1.7	Physiology and function of the hepatobiliary tract	36
1.8	Gastrointestinal microbiota	41
1.9	Gastrointestinal tract and appetite control	48
SECTION 2	Dietary components relevant to gastrointestinal health	55
2.1	Fibre and gastrointestinal health	57
2.2	Short-chain fermentable carbohydrates	72
2.3	Probiotics and the gastrointestinal microbiota	81
2.4	Prebiotics and gastrointestinal health	87
SECTION 3	Gastrointestinal disorders	93
3.1	Orofacial granulomatosis and nutrition	95
3.2	Eosinophilic oesophagitis and nutrition	101
3.3	Gastro-oesophageal reflux disease and nutrition	105
3.4	Oesophageal cancer and nutrition	111

3.5	Gastric cancer and nutrition	118
3.6	Gastroparesis and nutrition	127
3.7	Pancreatitis and nutrition	132
3.8	Pancreatic cancer and nutrition	140
3.9	Cystic fibrosis and nutrition	147
3.10	Lymphangiectasia and nutrition	155
3.11	Coeliac disease and nutrition	160
3.12	Inflammatory bowel disease pathogenesis	169
3.13	Inflammatory bowel disease nutritional consequences	180
3.14	Inflammatory bowel disease dietary management	191
3.15	Lactose malabsorption and nutrition	202
3.16	Intestinal failure and nutrition	210
3.17	Stomas and nutrition	218
3.18	Irritable bowel syndrome pathogenesis	226
3.19	Irritable bowel syndrome dietary management	233
3.20	Diverticular disease and nutrition	243
3.21	Constipation and nutrition	249
3.22	Colorectal cancer and nutrition	255
SECTION 4	Hepatobiliary disorders	263
4.1	Gallbladder disease and nutrition	265
4.2	Primary biliary cirrhosis and primary sclerosing cholangitis and nutrition	273
4.3	Alcohol-related liver disease and nutrition	280
4.4	Autoimmune hepatitis and viral hepatitis and nutrition	284
4.5	Non-alcoholic fatty liver disease and hereditary haemochromatosis and nutrition	290
4.6	Decompensated liver disease and nutrition	296
4.7	Hepatocellular carcinoma and nutrition	309
4.8	Liver transplantation and nutrition	311
	Index	317