

Contents

<i>About the Editor</i>	vii
<i>List of Contributors</i>	ix
<i>Preface</i>	xi
<i>Acknowledgements</i>	xiii
1 CBT for Psychosis: An Introduction <i>Craig Steel and Ben Smith</i>	1
2 Cognitive Therapy for Reducing Distress and Harmful Compliance with Command Hallucinations <i>Max Birchwood and Alan Meaden</i>	13
3 CBT for Post-Traumatic Stress Disorder and Psychosis <i>Amy Hardy, Ben Smith, Jennifer Gottlieb, Kim Mueser and Craig Steel</i>	35
4 CBT for Individuals at High Risk of Developing Psychosis <i>Nicola Smethurst, Paul French and Anthony P. Morrison</i>	57
5 CBT for Medication-Resistant Psychosis: Targeting the Negative Symptoms <i>Neil A. Rector</i>	87
6 The Challenge of Anger, Aggression and Violence when Delivering CBT for Psychosis: Clinical and Service Considerations <i>Gillian Haddock</i>	109

7	CBT for Relapse in Schizophrenia: A Treatment Protocol <i>Andrew I. Gumley</i>	127
8	CBT to Address and Prevent Social Disability in Early and Emerging Psychosis <i>David Fowler, Paul French, Jo Hodgekins, Rebecca Lower, Ruth Turner, Simon Burton and Jon Wilson</i>	143
9	Group Cognitive Behavioural Social Skills Training for Schizophrenia <i>Jason Holden and Eric Granholm</i>	169
10	Brief Acceptance and Commitment Therapy for the Acute Treatment of Hospitalized Patients with Psychosis <i>Brandon A. Gaudiano</i>	191
11	Improving Sleep, Improving Delusions: CBT for Insomnia in Individuals with Persecutory Delusions <i>Elissa Myers, Helen Startup and Daniel Freeman</i>	213
12	Compassion Focused Group Therapy for Recovery after Psychosis <i>Christine Braehler, Janice Harper and Paul Gilbert</i>	235
	<i>Index</i>	267