

Contents

Foreword xi
Preface xv
Acknowledgments xvii

PART I: THE EXPERIENCE OF FAMILY CAREGIVING: SOCIAL SUPPORT AND NONSUPPORT 1

1	Caregiving and Social Support 3
	Guiding Perspectives on Family Caregiving 4
	Family Caregiving Scenario 6
	Family Caregiving, Health, and Social Support 8
	The Role of Social Networks and Relationships in Access to Social Support 9
	Our Program of Research 15
	Contribution of Qualitative Research to Practice 21
	Overview of Subsequent Chapters 23
2	Supportive Interactions, Reciprocity, and Obligation 29
	Supportive Interactions 30
	Types of Support 31
	Relationship Dimensions of Reciprocity and Obligation 35
	Relationships with the Care Recipient 42
	Discussion 53
3	Nonsupportive Interactions in Varied Caregiving Situations 59
	Expectations and Perceptions of Nonsupportive Interactions 60
	Discussion 77
4	Mobilizing Support from Family and Friends 85
	Social Exchange Theory 85

viii Contents

Mobilizing Support from Family and Friends 89
Discussion 101

5 Mobilizing Support from Professional Sources 109

Men Caregivers 110
Women Caregivers 121
Discussion 130

6 Social Support and Caregiving in the Context
of Migration 139

Family Caregiving in the Context of Migration 140
Background: Caregiving, Gender, Social, and Cultural
Context 141
The Canadian Context 142
Influences on Caregiving 144
Missing Links and Establishing Connections with
Community Resources 151
Discussion 157

7 Becoming an Advocate in Response to
Nonsupportive Interactions 167

The Meaning of Advocacy for Women 169
Strategies Women Used in Advocacy 170
Advocacy and Personal Change 175
Men Caregivers and Advocacy 178
Discussion 179

8 A Guide to Support Facilitation 187

Caregivers' Experience of the Support Process 188
Implications of the Support Process for Practice
Interventions 193
Questions to Consider about Caregivers' Experience of
Support 196
Caregiving Scenarios 198
Conclusion 205

**PART II: METHODOLOGICAL APPROACHES:
LESSONS LEARNED 207**

- 9** Data Generation: Interactive Use of Genograms and Ecomaps 209
Background 212
Utility of Genograms and Ecomaps in Our Current Research 214
Case Illustration 219
Reflections and Implications for Further Research 220
Conclusion 224
- 10** Using a Card Sort Technique in Data Generation 227
Background 227
Research Context: Study of Nonsupport and Family Caregiving 229
Practical Issues and Strategies in Using a Card Sort for Data Collection 230
Reflections 236
Conclusion 238
- 11** Facilitating Participation of a Vulnerable Group: Immigrant Women 241
Study of Immigrant Women Caregivers 243
Guiding Principles 244
Discussion 250
Conclusion 255
- Index 259