
Contents

Poor Adherence to Antipsychotic Medication in People with Schizophrenia: Diffusion, Consequences and Contributing Factors	1
Premise	1
Role of Antipsychotics in the Treatment of Schizophrenia.	2
Compliance Versus Adherence	3
Assessment of Medication Adherence	5
Frequency of Poor Adherence to Antipsychotics.	10
Consequences of Poor Adherence to Antipsychotics	17
Clinical Consequences.	18
Societal and Health Care System Consequences.	24
Economic Consequences	29
Determinants and Moderators of Adherence to Antipsychotics	32
System-Related Contributors	33
Doctor-Related Contributors.	37
Patient-Related Contributors.	38
Drug-Related Contributors	44
Composite Contributors	49
Predictors	54
Present and Medium-Term Perspectives	57
Closing Remarks	63
References	63
Pharmacological Strategies to Enhance Adherence in Schizophrenia	85
Introduction	85
Pharmacological Factors Contributing to Nonadherence	86
Safety, Tolerability, and Attitudes Toward Treatment	87
First- Versus New-Generation Antipsychotics	88
Long-Acting Injectable Antipsychotics	89
Tolerability	90
Conclusion.	91
References	91

Non-Pharmacological Strategies to Enhance Adherence and Continuity of Care in Schizophrenia	99
Introduction	99
Factors Influencing (Non)Adherence in Schizophrenia	100
Interventions to Enhance Adherence: Research and Clinical Evidence	101
Comprehensive Review of Psychosocial and Programmatic Interventions to Enhance Adherence to Antipsychotic Medication in Schizophrenia	103
Psychoeducation	104
Behavioral and Cognitive-Behavioral Interventions	108
Medication Monitoring/Environmental Supports	119
Community Interventions	122
Psychosocial Interventions Additional to Pharmacological Treatments	125
Multifaceted/Mixed-Modality Interventions	127
Summary of Main Results and Evidences	129
Conclusions and Future Directions	130
References	131
Psychological Issues in Improving Adherence and Alliance	139
The Patient–Doctor Relationship as a Determinant of Adherence to Treatment	139
From Compliance to Adherence to the Alliance: Historical Notes	140
Subjective Well-Being	142
Alliance and Psychodynamic Issues	145
Toward the Concept of Concordance of the Therapeutic Project	150
References	154
Index	157