Contents

	Foreword	ix
	Preface	. xiii
	Acknowledgments	xv
	Contributors	. xvii
ЛL	ULTIPLE SCLEROSIS: THE DISEASE	
1.	The Nature of Multiple Sclerosis June Halper	1
2.	Therapeutic Advances in the Treatment of Progressive Forms of Multiple Sclerosis Kathleen Costello	27
3.	Optimal Primary Care Management for People with Multiple Sclerosis June Halper	47
۸D	VANCED PRACTICE IN MULTIPLE SCLEROSIS NURSI	NG
1.	The Evolution of Disease Management Amy Perrin Ross	53
5.	Defining and Treating Acute Exacerbations in Multiple Sclerosis Colleen Harris	69
5.	Infusion Therapies in Multiple Sclerosis: Nursing Implications June Halper and Marie A. Namey	79
7.	Promoting Adherence to Complex Protocols Marie A. Namey	91
3.	The Role of Research in Nursing Practice Elsie E. Gulick	101
€.	Research Coordinator: Another Dimension of Multiple Sclerosis Nursing Linda A. Morgante	111

viii	Contents

10.	Case Management June Halper	127
AD	VANCED SYMPTOM MANAGEMENT	
11.	Recognizing and Treating Cognitive Impairment Colleen Murphy Miller	135
12.	Strategies and Challenges in Managing Spasticity Jane Johnson, Louise Jarrett, and Bernadette Porter	145
13.	Pulmonary Complications Linda Lehman, Mary Ann Picone, and June Halper	175
14.	Pain Heidi Maloni	187
15.	Depression in MS Assessment and Treatment June Halper	213
16.	Skin Care in Multiple Sclerosis June Halper	219
17.	Complementary and Alternative Therapies Patricia M. Kennedy	225
18.	Dealing with Uncertainty: Sustaining Hope in Multiple Sclerosis Linda A. Morgante	241
	Resources	. 247
	Index	. 273