

Contents

PART I

RELEVANCE OF ATTACHMENT THEORY FOR CLINICAL PRACTICE

- | | | |
|----------|---|-----------|
| 1 | Introduction to Attachment: A Therapist's Guide to Primary Relationships and Their Renewal | 3 |
| | Susan M. Johnson | |
| 2 | Adult Attachment Theory, Psychodynamics, and Couple Relationships: An Overview | 18 |
| | Dory A. Schachner, Phillip R. Shaver, and Mario Mikulincer | |
| 3 | The Essential Nature of Couple Relationships | 43 |
| | Cindy Hazan | |
| 4 | Stability and Change of Attachment Representations from Cradle to Grave | 64 |
| | Elaine Scharfe | |
| 5 | Alternate Pathways to Competence: Culture and Early Attachment Relationships | 85 |
| | Vivian J. Carlson and Robin L. Harwood | |

**PART II
MODELS OF CLINICAL INTERVENTION**

- | | | |
|----|--|-----|
| 6 | Attachment Theory: A Guide for Couple Therapy
Susan M. Johnson | 103 |
| 7 | Attachment Processes in Couple Therapy:
Informing Behavioral Models
Joanne Davila | 124 |
| 8 | Caring for the Caregiver: An Attachment Approach
to Assessment and Treatment of Child Problems
Roger Kobak and Toni Mandelbaum | 144 |
| 9 | Creating and Repairing Attachments in Biological, Foster,
and Adoptive Families
Terry M. Levy and Michael Orlans | 165 |
| 10 | Attachment-Based Family Therapy for Depressed Adolescents:
Repairing Attachment Failures
Guy S. Diamond and Richard S. Stern | 191 |

**PART III
USING AN ATTACHMENT PERSPECTIVE IN INTERVENTIONS
WITH PARTICULAR POPULATIONS**

- | | | |
|----|---|-----|
| 11 | The First Couple: Using Watch, Wait, and Wonder to Change
Troubled Infant–Mother Relationships
Nancy J. Cohen, Elisabeth Muir, and Mirek Lojkasek | 215 |
| 12 | The Journey of Adolescence: Transitions in Self
within the Context of Attachment Relationships
Marlene M. Moretti and Roy Holland | 234 |
| 13 | Implications of Adult Attachment for Preventing Adverse
Marital Outcomes
Rebecca J. Cobb and Thomas N. Bradbury | 258 |

	Contents	xvii
14	Attachment in Later Life: Implications for Intervention with Older Adults	281
	J. Michael Bradley and Gail Palmer	
15	Using an Attachment-Based Intervention with Same-Sex Couples	300
	Gordon J. Josephson	

PART IV SPECIFIC ATTACHMENT INTERVENTIONS FOR PARTICULAR PROBLEMS

16	Looking Outward Together: Adult Attachment and Childbearing Depression	321
	Valerie E. Whiffen	
17	Understanding the Effects of Child Sexual Abuse History on Current Couple Relationships: An Attachment Perspective	342
	Pamela C. Alexander	
18	Attachment and the Experience of Chronic Pain: A Couples Perspective	366
	Samuel F. Mikail	

PART V CONCLUSION

19	What Attachment Theory Can Offer Marital and Family Therapists	389
	Valerie E. Whiffen	
	Index	399