

Contents

Acknowledgments [ix](#)

1. Introduction	1
2. Making a Diagnosis of Bipolar Disorder	5
3. Epidemiology of Bipolar Disorder	17
4. Illness Comorbidity and Co-occurrence in Bipolar Disorders	23
5. Neurophysiology of Bipolar Disorder	33
6. Genetics of Bipolar Disorder	47
7. Psychopharmacologic Management of Bipolar Disorder	55
8. Psychotherapy and Complementary Treatments	75
9. A Programmatic Approach to Treatment	85
10. Managing Special Populations	95

Appendix Example Mood Chart [107](#)

Index [109](#)