

Contents

Preface	xi
CASE STUDIES	1
1 Psychological disorders	3
CASE STUDY 1 A mother's loss	3
CASE STUDY 2 A dangerous father?	6
CASE STUDY 3 Continual concerns for Mr Watson	8
CASE STUDY 4 A scary presentation	9
CASE STUDY 5 Fussy Jane	11
CASE STUDY 6 David's withdrawal	12
CASE STUDY 7 Forgetful mum	14
CASE STUDY 8 Disruptive John	15
2 Neurological disorders	17
CASE STUDY 9 Mrs Smith's tremor	17
CASE STUDY 10 Rose's loss of consciousness	19
CASE STUDY 11 Another day away from the office	21
CASE STUDY 12 Drooping eyelids	22
3 Endocrine disorders	25
CASE STUDY 13 An agitated mother	25
CASE STUDY 14 A vague and sleepy lady	27
CASE STUDY 15 A dehydrated businesswoman	29
CASE STUDY 16 Brian's weight gain	31
CASE STUDY 17 The thirsty schoolboy	33
CASE STUDY 18 Eric's expanding waistline	35

4	Cardiovascular disorders	37
CASE STUDY 19	Annie's heartache	37
CASE STUDY 20	The executive's medical check-up	39
CASE STUDY 21	A hypertensive emergency	42
CASE STUDY 22	Harry Mann's bad day	45
CASE STUDY 23	Grandpa's silence	47
CASE STUDY 24	The gardener who collapsed on his lawn	49
CASE STUDY 25	Hanna's palpitations	51
5	Respiratory disorders	53
CASE STUDY 26	Moving to England	53
CASE STUDY 27	The sneezing boy	55
CASE STUDY 28	Mandy's sleepover	56
CASE STUDY 29	Bob and Bill's breathing problems	58
CASE STUDY 30	A punctured chest	60
CASE STUDY 31	Carmen's repeated respiratory infections	62
CASE STUDY 32	Chandra's chronic bronchitis	64
6	Kidney and body fluid disorders	67
CASE STUDY 33	Greg's glomerulonephritis	67
CASE STUDY 34	Kevin's chronic kidney problems	69
CASE STUDY 35	The polar bear's fun run	71
CASE STUDY 36	The housewife who drank too much	73
7	Blood disorders	75
CASE STUDY 37	An exhausted mother	75
CASE STUDY 38	Patsy's Australian journey	78
CASE STUDY 39	The dizzy blonde	80
8	Gastrointestinal disorders	83
CASE STUDY 40	Mr Benjamin's bowel problem	83
CASE STUDY 41	A disturbed holiday	85
CASE STUDY 42	Jude's sudden admission to hospital	86
CASE STUDY 43	The producer's stomach ache	88
CASE STUDY 44	Daria's abdominal pain	90
CASE STUDY 45	That bloated feeling	92

9	Autonomic disorders	95
	CASE STUDY 46 Rob's ocular accident	95
	CASE STUDY 47 A severe attack of greenfly	97
10	Reproductive disorders	99
	CASE STUDY 48 Panic of a college girl	99
	CASE STUDY 49 Shabana's monthly problems	101
	CASE STUDY 50 Demi's baby	103
	ANSWERS	105
1	Psychological disorders	107
	CASE STUDY 1 A mother's loss	107
	CASE STUDY 2 A dangerous father?	111
	CASE STUDY 3 Continual concerns for Mr Watson	114
	CASE STUDY 4 A scary presentation	116
	CASE STUDY 5 Fussy Jane	119
	CASE STUDY 6 David's withdrawal	121
	CASE STUDY 7 Forgetful mum	124
	CASE STUDY 8 Disruptive John	126
2	Neurological disorders	129
	CASE STUDY 9 Mrs Smith's tremor	129
	CASE STUDY 10 Rose's loss of consciousness	133
	CASE STUDY 11 Another day away from the office	136
	CASE STUDY 12 Drooping eyelids	139
3	Endocrine disorders	143
	CASE STUDY 13 An agitated mother	143
	CASE STUDY 14 A vague and sleepy lady	146
	CASE STUDY 15 A dehydrated business woman	149
	CASE STUDY 16 Brian's weight gain	153
	CASE STUDY 17 The thirsty schoolboy	158
	CASE STUDY 18 Eric's expanding waistline	163
4	Cardiovascular disorders	169
	CASE STUDY 19 Annie's heartache	169

CASE STUDY 20	The executive's medical check-up	174
CASE STUDY 21	A hypertensive emergency	179
CASE STUDY 22	Harry Mann's bad day	183
CASE STUDY 23	Grandpa's silence	187
CASE STUDY 24	The gardener who collapsed on his lawn	191
CASE STUDY 25	Hanna's palpitations	196
5	Respiratory disorders	201
CASE STUDY 26	Moving to England	201
CASE STUDY 27	The sneezing boy	204
CASE STUDY 28	Mandy's sleepover	206
CASE STUDY 29	Bob and Bill's breathing problems	210
CASE STUDY 30	A punctured chest	213
CASE STUDY 31	Carmen's repeated respiratory infections	217
CASE STUDY 32	Chandra's chronic bronchitis	221
6	Kidney and body fluid disorders	227
CASE STUDY 33	Greg's glomerulonephritis	227
CASE STUDY 34	Kevin's chronic kidney problems	233
CASE STUDY 35	The polar bear's fun run	238
CASE STUDY 36	The housewife who drank too much	245
7	Blood disorders	249
CASE STUDY 37	An exhausted mother	249
CASE STUDY 38	Patsy's Australian journey	254
CASE STUDY 39	The dizzy blonde	259
8	Gastrointestinal disorders	263
CASE STUDY 40	Mr Benjamin's bowel problem	263
CASE STUDY 41	A disturbed holiday	266
CASE STUDY 42	Jude's sudden admission to the hospital	269
CASE STUDY 43	The producer's stomach ache	273
CASE STUDY 44	Daria's abdominal pain	278
CASE STUDY 45	That bloated feeling	283
9	Autonomic disorders	289
CASE STUDY 46	Rob's ocular accident	289
CASE STUDY 47	A severe attack of greenfly	293

10 Reproductive disorders	299
CASE STUDY 48 Panic of a college girl	299
CASE STUDY 49 Shabana's monthly problems	304
CASE STUDY 50 Demi's baby	311
Glossary	319
Index	337