## Contents

Part One The Foundations		
1	Child and Adolescent Development: Normal and Atypical Variations	3
2	Theoretical Models	23
3	Developmental Milestones: Early and Middle Childhood	54
4	Developmental Milestones: Adolescence	84
5	Development from a Clinical and Educational Perspective	106
Part Two Child and Adolescent Problems and Disorders		
6	Adjustment Problems and Disorders in Childhood and Adolescence	135
7	Early Onset Problems: Preschool and Primary School	162
8	Problems of Learning and Attention	192
9	Externalizing Problems and Disruptive Behavior Disorders	219
10	Internalizing Problems and Anxiety, Mood, and Somatic Disorders	242
11	Later Onset Problems: Eating Disorders and Substance Use/Abuse	276
12	Child Maltreatment and Self-Injurious Behaviors	301
13	Trauma and Trauma Disorders	328
Index		354