

Contents

Foreword, Jeff Young	vii
About the Authors	xi
Acknowledgments	xv
1. Introduction <i>J. M. Farrell and I. A. Shaw</i>	1
2. The Conceptual Model of Group Schema Therapy <i>Joan M. Farrell and Ida A. Shaw</i>	8
3. Using the Therapeutic Factors of Groups to Catalyze and Augment Schema Therapy Interventions <i>J. M. Farrell and I. A. Shaw</i>	22
4. The Therapist Role: Limited Reparenting Broadened to a Family <i>J. M. Farrell and I. A. Shaw</i>	37
5. Some Basics of Group Schema Therapy <i>J. M. Farrell and I. A. Shaw</i>	79
6. The Course of Group Schema Therapy Stage One: Bonding and Emotional Regulation <i>J. M. Farrell and I. A. Shaw</i>	106
7. The Course of Group Schema Therapy Stage Two: Schema Mode Change <i>J. M. Farrell and I. A. Shaw</i>	143

8. The Course of Group Schema Therapy Stage Three: Autonomy <i>J. M. Farrell and I. A. Shaw</i>	225
9. The Patient Workbook Materials and How to Use Them <i>J. M. Farrell and I. A. Shaw</i>	244
10. Combining Individual and Group Schema Therapy <i>Hannie van Genderen, Michiel van Vreeswijk, Joan Farrell, George Lockwood and Heather Fretwell</i>	265
11. Meeting Core Emotional Needs in Group Schema Therapy Through Limited Reparenting <i>Poul Perris and George Lockwood</i>	271
12. A Systematic Review of Schema Therapy For BPD <i>Arnoud Arntz</i>	286
13. Conclusions and Future Directions for Group Schema Therapy <i>Neele Reiss, Joan Farrell, Arnoud Arntz and Jeffrey Young</i>	295
Bibliography	302
Index	307