

CONTENTS

List of contributors iii
Foreword vii
Preface viii
Acknowledgements x
Key features xi

HAEMATOLOGY

PACES Stations and Acute Scenarios 1

- 1.1 History-taking 3**
 - 1.1.1 Microcytic hypochromic anaemia 3
 - 1.1.2 Macrocytic anaemia 5
 - 1.1.3 Lymphocytosis and anaemia 8
 - 1.1.4 Thromboembolism and fetal loss 11
 - 1.1.5 Weight loss and thrombocytosis 12
- 1.2 Clinical examination 14**
 - 1.2.1 Normocytic anaemia 14
 - 1.2.2 Thrombocytopenia and purpura 14
 - 1.2.3 Jaundice and anaemia 16
 - 1.2.4 Polycythaemia 17
 - 1.2.5 Splenomegaly 18
- 1.3 Communication skills and ethics 19**
 - 1.3.1 Persuading a patient to accept HIV testing 19
 - 1.3.2 Talking to a distressed relative 20
 - 1.3.3 Explaining a medical error 22
 - 1.3.4 Breaking bad news 23
- 1.4 Acute scenarios 25**
 - 1.4.1 Chest syndrome in sickle cell disease 25
 - 1.4.2 Neutropenia 27
 - 1.4.3 Leucocytosis 29
 - 1.4.4 Spontaneous bleeding and weight loss 31

- 1.4.5 Cervical lymphadenopathy and difficulty breathing 32
- 1.4.6 Swelling of the leg 35

Diseases and Treatments 37

- 2.1 Causes of anaemia 37**
 - 2.1.1 Thalassaemia syndromes 38
 - 2.1.2 Sickle cell syndromes 39
 - 2.1.3 Enzyme defects 41
 - 2.1.4 Membrane defects 41
 - 2.1.5 Iron metabolism and iron-deficiency anaemia 43
 - 2.1.6 Vitamin B₁₂ and folate metabolism and deficiency 44
 - 2.1.7 Acquired haemolytic anaemia 44
 - 2.1.8 Bone-marrow failure and infiltration 46
- 2.2 Haematological malignancy 46**
 - 2.2.1 Multiple myeloma 46
 - 2.2.2 Acute leukaemia: acute lymphoblastic leukaemia and acute myeloid leukaemia 49
 - 2.2.3 Chronic lymphocytic leukaemia 52
 - 2.2.4 Chronic myeloid leukaemia 54
 - 2.2.5 Malignant lymphomas: non-Hodgkin's lymphoma and Hodgkin's lymphoma 55
 - 2.2.6 Myelodysplastic syndromes 58
 - 2.2.7 Non-leukaemic myeloproliferative disorders (including polycythaemia vera, essential thrombocythaemia and myelofibrosis) 60
 - 2.2.8 Amyloidosis 62
- 2.3 Bleeding disorders 64**
 - 2.3.1 Inherited bleeding disorders 64
 - 2.3.2 Acquired bleeding disorders 67
 - 2.3.3 Idiopathic thrombocytopenic purpura 68
- 2.4 Thrombotic disorders 69**
 - 2.4.1 Inherited thrombotic disease 69
 - 2.4.2 Acquired thrombotic disease 72
- 2.5 Clinical use of blood products 74**
- 2.6 Haematological features of systemic disease 76**
- 2.7 Haematology of pregnancy 79**
- 2.8 Iron overload 80**
- 2.9 Chemotherapy and related therapies 82**
- 2.10 Principles of bone-marrow and peripheral blood stem-cell transplantation 85**

Investigations and Practical Procedures 87

- 3.1 The full blood count and film 87**
- 3.2 Bone-marrow examination 89**
- 3.3 Clotting screen 91**
- 3.4 Coombs' test (direct antiglobulin test) 91**
- 3.5 Erythrocyte sedimentation rate versus plasma viscosity 92**
- 3.6 Therapeutic anticoagulation 92**

Self-assessment 94

- 4.1 Self-assessment questions 94**
- 4.2 Self-assessment answers 103**

ONCOLOGY

PACES Stations and Acute Scenarios 109

- 1.1 History-taking 109
 - 1.1.1 A dark spot 109
- 1.2 Clinical examination 110
 - 1.2.1 A lump in the neck 110
- 1.3 Communication skills and ethics 111
 - 1.3.1 Am I at risk of cancer? 111
 - 1.3.2 Consent for chemotherapy (1) 113
 - 1.3.3 Consent for chemotherapy (2) 114
 - 1.3.4 Don't tell him the diagnosis 116
- 1.4 Acute scenarios 117
 - 1.4.1 Acute deterioration after starting chemotherapy 117

- 1.4.2 Back pain and weak legs 119
- 1.4.3 Breathless, hoarse, dizzy and swollen 121

Diseases and Treatments 124

- 2.1 Breast cancer 124
- 2.2 Central nervous system cancers 126
- 2.3 Digestive tract cancers 129
- 2.4 Genitourinary cancer 132
- 2.5 Gynaecological cancer 136
- 2.6 Head and neck cancer 139
- 2.7 Skin tumours 140
- 2.8 Paediatric solid tumours 144
- 2.9 Lung cancer 146
- 2.10 Liver and biliary tree cancer 149
- 2.11 Bone cancer and sarcoma 151
- 2.12 Endocrine tumours 157
- 2.13 The causes of cancer 159
- 2.14 Paraneoplastic conditions 162

Investigations and Practical Procedures 167

- 3.1 Investigation of unknown primary cancers 167
- 3.2 Investigation and management of metastatic disease 169
- 3.3 Tumour markers 171
- 3.4 Screening 173
- 3.5 Radiotherapy 175
- 3.6 Chemotherapy 176
- 3.7 Immunotherapy 179
- 3.8 Stem-cell transplantation 180
- 3.9 Oncological emergencies 180

Self-assessment 185

- 4.1 Self-assessment questions 185
- 4.2 Self-assessment answers 191

The Medical Masterclass Series 198
Index 214