

# Contents

<b>1</b>	<b>Introduction</b>	1
1.1	Background	1
1.2	Introduction of Ibuprofen for Non-Prescription (OTC) Use	2
1.3	Experience at Prescription Level Dosage	3
1.4	Scope and Objectives	4
<b>2</b>	<b>Biodisposition in Relation to Actions</b>	5
2.1	Key Aspects of the Pharmacokinetics and Biodisposition of Ibuprofen	5
2.1.1	Impact of Variability in Pharmacokinetics	11
2.2	Plasma/Serum Concentrations Relevant to Onset of Analgesia	13
2.2.1	Dental Pain Model	16
2.2.2	Induced Pain Models	20
2.2.3	Applicability to Other Acute Pain States	25
2.3	Antipyresis	26
2.4	Therapeutically-Relevant Concentrations in Rheumatic Diseases	27
2.4.1	Plasma/Serum Levels in Arthritic Diseases	28
2.4.2	Accumulation in Synovial Fluids	30
2.4.3	Rectal Administration in Adults and Children	33
2.5	Pharmacokinetics in Children	37
2.5.1	Juvenile Idiopathic (Rheumatoid) Arthritis	40
2.5.2	Cystic Fibrosis	40
2.5.3	Patent Ductus Arteriosus	42
<b>3</b>	<b>Mechanisms of Inflammation and Sites of Action of NSAIDs</b>	43
3.1	Pathways of Inflammation	43
3.2	Link of Pharmacokinetics to Pharmacodynamics	45
3.3	Relation of Analgesic Effects to COX-1 and COX-2 Inhibition	49

3.4	Multiple Modes of Anti-inflammatory Activities . . . . .	50
3.4.1	Pain Control Pathways . . . . .	52
3.4.2	Antipyretic Activity . . . . .	56
<b>4</b>	<b>Clinical Efficacy . . . . .</b>	<b>59</b>
4.1	Dental Pain . . . . .	59
4.2	Pain Relief at OTC Dosages . . . . .	65
4.3	Treatment of Pain in Osteoarthritis and Related Conditions . . . . .	68
4.4	Paediatric Uses . . . . .	70
4.4.1	Acute Fever in Children . . . . .	70
4.4.2	Juvenile Idiopathic (Rheumatoid) Arthritis . . . . .	75
<b>5</b>	<b>Drug Derivatives and Formulations . . . . .</b>	<b>77</b>
5.1	Dexibuprofen . . . . .	77
5.2	Combinations with Caffeine . . . . .	79
5.3	Ibuprofen–Codeine Combinations . . . . .	81
5.4	Ibuprofen–Paracetamol Combination . . . . .	83
5.5	Amino Acid and Salt Formulations . . . . .	87
5.6	Topical Formulations . . . . .	88
<b>6</b>	<b>General Safety Profile . . . . .</b>	<b>91</b>
6.1	Introduction . . . . .	91
6.2	Pharmacokinetic Aspects of Importance in the Safety of Ibuprofen . . . . .	91
6.3	Pharmacokinetic Variations . . . . .	94
6.4	Pharmacokinetics in Oriental Compared with Caucasian Populations . . . . .	97
6.5	Influence of Disease States on PK of Ibuprofen . . . . .	101
6.6	ADRs and Safety in Prescription-Level Doses . . . . .	102
6.7	Epidemiological Studies . . . . .	102
6.8	Outcomes from Large-scale Clinical Trials . . . . .	104
6.9	Adverse Events Attributed to Ibuprofen at Non-prescription (OTC) Dosages . . . . .	107
6.10	ADR Risks in Oriental Populations . . . . .	113
6.11	Potential Concerns with Chinese Traditional and Herbal Medicines . . . . .	116
6.12	Adverse Events and Safety in Paediatric Populations . . . . .	119
<b>7</b>	<b>Gastro-Intestinal Toxicity . . . . .</b>	<b>123</b>
7.1	Epidemiological Studies . . . . .	125
7.2	GI Risks in Coxib Studies at Prescription Doses . . . . .	130
7.3	GI Symptomatic Adverse Reactions . . . . .	134
7.4	GI Events at OTC Dosages . . . . .	134
7.5	GI Safety in Paediatric Populations . . . . .	135
7.6	Reducing GI Risks . . . . .	136

<b>8 Cardiovascular Safety</b>	141
8.1 Disease-related Issues	141
8.2 Heightened Concerns from the Coxib Studies	142
8.3 Epidemiological Studies	143
8.4 Recent Clinical Trials and Meta-Analyses	152
8.4.1 Individual Trials	155
8.5 Interaction of Ibuprofen with the Anti-platelet Effects of Aspirin	157
8.6 Effects in Hypertension	161
8.7 Congestive Heart Failure and Cardio-Renal Effects	162
8.8 Balancing CV and GI Risks of NSAIDs	162
<b>9 Renal Toxicity</b>	163
<b>10 Hepatic Toxicity</b>	165
<b>11 Other Adverse Reactions</b>	169
11.1 Hypersensitivity Reactions and Asthma	169
11.2 Cutaneous Reactions	171
11.3 Risk of Fractures	172
<b>12 Global Assessment of Adverse Reactions and Human Toxicology</b>	175
12.1 Initial Basis for Approval for OTC Sale in UK and USA	175
12.2 Experience in the UK	176
12.3 Cases of Poisoning in UK	179
12.4 Limitations on Analgesic Pack Sizes in UK	180
12.5 Concerns About Misuse of Analgesics in USA	180
<b>13 Overall Assessment</b>	183
13.1 Spontaneous ADRs and Toxicity	183
13.2 Benefit/Risk Analysis	185
13.3 Assessment of Risks and Procedures for Their Reduction	185
13.4 Examples of Advice for Ibuprofen Packages and PILs	187
<b>14 Summary</b>	189
<b>References</b>	191
<b>Index</b>	231