

CONTENTS

UNIT I ♦ BASIC CONCEPTS IN COMMUNITY-BASED NURSING 1

- 1 Overview of Community-Based Nursing 3
- 2 Health Promotion and Disease Prevention 29
- 3 Cultural Care 51
- 4 Family Care 79

UNIT II ♦ SKILLS FOR COMMUNITY-BASED NURSING PRACTICE 119

- 5 Assessment: Individual, Family, and Community 121
- 6 Health Teaching 163
- 7 Continuity of Care: Discharge Planning and Case Management 197

UNIT III ♦ COMMUNITY-BASED NURSING ACROSS THE LIFE SPAN 241

- 8 Health Promotion and Disease Prevention for Maternal/Infant Populations, Children, and Adolescents 243
- 9 Health Promotion and Disease Prevention for Adults 279
- 10 Health Promotion and Disease Prevention for Elderly Adults 309

UNIT IV ♦ SETTINGS FOR PRACTICE 331

- 11 Practice Settings and Specialties 333
- 12 Home Health Care Nursing 363
- 13 Specialized Home Health Care Nursing 393
- 14 Mental Health Nursing in Community-Based Settings 419
- 15 Global Health and Community-Based Care 451

UNIT V ♦ IMPLICATIONS FOR FUTURE PRACTICE 467

- 16 Trends in Community-Based Nursing 469

Appendix A: Nutrition Questionnaires for Infants, Children, and Adolescents 491

Appendix B: Implications for Teaching at Various Developmental Stages 496

Appendix C: Cognitive Stages and Approaches to Patient Education
With Children 500

Glossary 502

Index 509