

# Contents

<b>1 Introduction to Medical Family Therapy: Advanced Applications . . . . .</b>	<b>1</b>
Jennifer Hodgson, Angela Lamson, Tai Mendenhall, and Lisa Tyndall	
<b>Part I Training</b>	
<b>2 A Review of Medical Family Therapy: 30 Years of History, Growth, and Research . . . . .</b>	<b>13</b>
Lisa Tyndall, Jennifer Hodgson, Angela Lamson, Mark White, and Sharon Knight	
<b>3 Medical Family Therapy: Charting a Course in Competencies . . . .</b>	<b>33</b>
Lisa Tyndall, Jennifer Hodgson, Angela Lamson, Mark White, and Sharon Knight	
<b>4 Preparing to Be a Medical Family Therapist: Bridging the Multiple Worlds of Health care . . . . .</b>	<b>55</b>
Stephanie Trudeau-Hern, Tai Mendenhall, and Alison Wong	
<b>5 Medical Family Therapy in Integrated Primary Care: An Interactional Framework . . . . .</b>	<b>77</b>
Daniel Marlowe, Jennifer Hodgson, Angela Lamson, Mark White, and Tom Irons	
<b>6 Building Relationships in Integrated Care . . . . .</b>	<b>95</b>
Dan Marlowe and Jennifer Hodgson	
<b>7 Working with Providers and Healthcare Systems Experiencing Compassion Fatigue and Burnout . . . . .</b>	<b>107</b>
Angela Lamson, Patrick Meadors, and Tai Mendenhall	
<b>8 MedFT Supervision in Context . . . . .</b>	<b>125</b>
Angela Lamson, Keeley Pratt, and Jennifer Hodgson, and Aubry Koehler	

- 9 Preparing for Leadership Roles in Healthcare Settings . . . . . 147**  
Kenneth Phelps, Katherine Kueny, Barry Jacobs, Tommie Boyd,  
John Rolland, Macaran Baird, and James Zubatsky
- 10 The Medical Family Therapist as Transdisciplinary Trainer . . . . . 177**  
Randall Reitz and Laura Sudano
- 11 Honoring the “Spiritual” in Biopsychosocial-Spiritual Health Care:  
Medical Family Therapists on the Front Lines of Graduate  
Education, Clinical Practice, and Research . . . . . 197**  
Emilee Delbridge, Janie Taylor, and Carrie Hanson

## **Part II Research**

- 12 Medical Family Therapy Scientist-Practitioners . . . . . 219**  
Lisa Zak-Hunter, Jerica Berge, Zephon Lister, Maureen Davey,  
Laura Lynch, and Wayne Denton
- 13 Advancing Medical Family Therapy Through Qualitative,  
Quantitative, and Mixed-Methods Research . . . . . 241**  
Tai Mendenhall, Keeley Pratt, Kenneth Phelps,  
Macaran Baird, and Felisha Younkin
- 14 Engaging Communities as Partners in Research: Advancing  
Integrated Care Through Purposeful Partnerships . . . . . 259**  
Tai Mendenhall, Jerica Berge, and William Doherty
- 15 A Primer in Program Evaluation for MedFTs . . . . . 283**  
Jackie Williams-Reade, Bobbi-Ann Gordon,  
and Wendy Wray
- 16 Dissemination and Implementation Science: Research  
for the Real-World Medical Family Therapist . . . . . 301**  
Jodi Polaha and Beth Nolan
- 17 Advancing Health Equity in Medical Family Therapy Research . . . . 319**  
Melissa Lewis, Laurelle Myhra, and Monique Walker

## **Part III Policy**

- 18 Policy and Practice: A Primer on the Past, Present, and Future  
of Healthcare Reform in the United States . . . . . 343**  
Todd Edwards, Jo Ellen Patterson, Joseph Scherger,  
and Susanna Vakili
- 19 Family Therapists in Primary Care Settings: Opportunities  
for Integration Through Advocacy . . . . . 357**  
Jennifer Hodgson, Melissa Fox, and Angela Lamson

<b>20</b>	<b>The Ethics of Integration: Where Policy and Practice Collide . . . .</b>	<b>381</b>
	Cathy Hudgins, Sandra Rose, Peter Fifield, and Steve Arnault	
<b>21</b>	<b>How to Prepare a Medical Family Therapy Policy Brief . . . . .</b>	<b>403</b>
	Peter Shin and Emily Jones	
<b>Part IV Finance</b>		
<b>22</b>	<b>A Summary Report of Cost-Effectiveness: Recognizing the Value of Family Therapy in Health Care . . . . .</b>	<b>419</b>
	D. Russell Crane and Jacob Christenson	
<b>23</b>	<b>Getting Reimbursed for MedFT: Financial Models Toward Sustainability . . . . .</b>	<b>437</b>
	Dan Marlowe, Jeff Capobianco, and Carl Greenberg	
<b>24</b>	<b>Epilogue . . . . .</b>	<b>451</b>
	Angela Lamson, Jennifer Hodgson, Tai Mendenhall, and D. Russell Crane	
<b>Author Bios . . . . .</b>		<b>457</b>
<b>Index . . . . .</b>		<b>473</b>