

# Contents

Contributors	xiii
Preface	xix
Acknowledgments	xxi
<b>1 Introduction</b>	1
<i>Terry Mahan Buttaro</i>	
<b>2 Health Assessment</b>	9
<i>Kate A. Barba</i>	
<b>3 Clinical Issues</b>	22
Unit 1 Skin Disorders	22
Part 1 Overview	22
<i>Terry Mahan Buttaro</i>	
Part 2 Burns	24
<i>Terry Mahan Buttaro</i>	
Part 3 Cellulitis	27
<i>Terry Mahan Buttaro</i>	
Part 4 Contact Dermatitis	31
<i>Terry Mahan Buttaro</i>	
Part 5 Herpes Zoster	33
<i>Terry Mahan Buttaro</i>	
Part 6 Purpura	37
<i>Terry Mahan Buttaro</i>	
Part 7 Pruritus	41
<i>Terry Mahan Buttaro</i>	
Part 8 Acne Rosacea	44
<i>Terry Mahan Buttaro</i>	
Part 9 Seborrheic Dermatitis	46
<i>Terry Mahan Buttaro</i>	
Part 10 Thrush	50
<i>Terry Mahan Buttaro</i>	

Part 11 Tinea	52
<i>Terry Mahan Buttaro</i>	
Part 12 Pressure Ulcers	56
<i>Linda Olson</i>	
Part 13 Lower Extremity Ulcers	64
<i>Linda Olson</i>	
Part 14 Skin Tears	74
<i>Linda Olson</i>	
Unit 2 Cardiovascular Disorders	79
Part 1 Acute Coronary Syndrome	79
<i>Sharon Zisk</i>	
Part 2 Atrial Fibrillation	86
<i>Theresa E. Evans</i>	
Part 3 Venous Thromboembolism	92
<i>Eva Beliveau</i>	
Part 4 Heart Failure	99
<i>Theresa E. Evans</i>	
Part 5 Hypertension	105
<i>Chelby Cierpial and Susan Stengrevics</i>	
Part 6 Peripheral Vascular Disease	112
<i>Ashley Moore Gibbs</i>	
Part 7 Heart Valve Disease	117
<i>Theresa E. Evans</i>	
Unit 3 Respiratory Disorders	124
Part 1 Asthma	124
<i>Marian Jeffries and Rosemarie Marks</i>	
Part 2 Chronic Obstructive Pulmonary Disease (COPD)	128
<i>Marian Jeffries and Rosemarie Marks</i>	
Part 3 Influenza	134
<i>Marian Jeffries and Rosemarie Marks</i>	
Part 4 Pneumonia	138
<i>Marian Jeffries and Rosemarie Marks</i>	
Unit 4 Gastrointestinal Disorders	148
Part 1 Appendicitis	148
<i>Patricia Fitzgerald</i>	
Part 2 Diverticular Disease	152
<i>Patricia Fitzgerald</i>	

Part 3 Ischemic Bowel <i>Patricia Fitzgerald</i>	158
Part 4 Pancreatitis <i>Patricia Fitzgerald</i>	162
Part 5 Constipation <i>Patricia Fitzgerald</i>	167
Part 6 Diarrhea <i>Patricia Fitzgerald</i>	173
Part 7 Gastroesophageal Reflux Disease <i>Patricia Fitzgerald</i>	178
Unit 5 Genitourinary Disorders	183
Part 1 Acute Kidney Injury <i>Carol A. Tykienski</i>	183
Part 2 Chronic Kidney Disease <i>Carol A. Tykienski</i>	191
Part 3 Urinary Tract Infections <i>Terry Mahan Buttaro</i>	197
Unit 6 Neurologic Disorders	202
Part 1 Dementia <i>Constance Cruz, Sara A. Fisher, Mary Lussier-Cushing and Jennifer Repper-DeLisi</i>	202
Part 2 Delirium in the Older Hospitalized Adult <i>Mary Lussier-Cushing, Jennifer Repper-DeLisi, Sara A. Fisher and Constance Cruz</i>	209
Part 3 Ischemic Stroke <i>Marion Phipps</i>	221
Part 4 Dizziness <i>Jean B. Fahey</i>	230
Part 5 Normal Pressure Hydrocephalus <i>Jean B. Fahey</i>	236
Part 6 Parkinson's Disease <i>Marion Phipps</i>	241
Part 7 Seizures <i>Susan R. Gavaghan</i>	249
Unit 7 Endocrine	255
Part 1 Diabetes <i>Susan L. Wood</i>	255

x ■ Contents

Part 2	Hypo/Hyperthyroidism	269
	<i>Susan L. Wood</i>	
Part 3	Hyperparathyroidism/Hypoparathyroidism	275
	<i>Susan L. Wood</i>	
Part 4	Syndrome of Inappropriate Antidiuretic Hormone Secretion	283
	<i>Susan L. Wood</i>	
Unit 8	Musculoskeletal	288
	Part 1 Septic Arthritis	288
	<i>Susan Bardzik</i>	
Part 2	Gout	292
	<i>Sharon R. Smart</i>	
Part 3	Joint Replacement	296
	<i>Nichole Spencer</i>	
Part 4	Osteomyelitis	303
	<i>Lesley Caracci</i>	
Part 5	Metabolic Bone Disease: Osteoporosis and Paget's Disease	308
	<i>Nichole Spencer</i>	
Unit 9	Hematology/Oncology	316
	Part 1 The Oncology Patient	316
	<i>Kristina N. Wickman</i>	
Unit 10	Infectious Disease	324
	Part 1 HIV/AIDS	324
	<i>Caroline Sturm-Reganato</i>	
Part 2	Sepsis and ARDS	337
	<i>Vince M. Vacca, Jr.</i>	
Part 3	Tuberculosis	343
	<i>Melissa Donovan</i>	
Unit 11	Multisystem Disorders	351
	Part 1 Fever	351
	<i>Monica G. Staples</i>	
Part 2	Polymyalgia Rheumatica	359
	<i>Monica G. Staples</i>	
Part 3	Rheumatoid Arthritis	364
	<i>Monica G. Staples</i>	
Part 4	Systemic Lupus Erythematosus	369
	<i>Kate Roche</i>	

Part 5 Temporal Arteritis <i>Kate Roche</i>	376
Part 6 Vasculitis <i>Kate Roche</i>	379
Unit 12 The Surgical Patient Part 1 The Surgical Patient <i>Deanne C. Munroe</i>	386
Unit 13 Fluid and Electrolytes Part 1 Dehydration and other Hypovolemic Fluid Disorders <i>Terry Mahan Buttaro</i>	403
Part 2 Hypercalcemia and Hypocalcemia <i>Nancy A. Kelly</i>	408
Part 3 Hyperkalemia and Hypokalemia <i>Grace A. Good</i>	416
Part 4 Hyponatremia and Hypernatremia <i>Grace A. Good</i>	423
Part 5 Hypomagnesemia and hypermagnesemia <i>Nancy A. Kelly</i>	432
Unit 14 Psychological Issues Part 1 Anxiety Disorders <i>Constance Cruz, Sara A. Fisher, Mary Lussier-Cushing and Jennifer Repper-DeLisi</i>	440
Part 2 Depression <i>Jennifer Repper-DeLisi, Constance Cruz, Sara A. Fisher and Mary Lussier-Cushing</i>	445
<b>4 Special Considerations</b>	454
Part 1 Nosocomial Infections <i>Hallie S. Greenberg</i>	454
Part 2 Elder Abuse and Neglect <i>Margarettta Byrne</i>	461
Part 3 Advance Directives <i>Anita M. Coppola-Ash</i>	469
Part 4 Nutrition and Older Adults <i>Deborah A. D'Avolio</i>	474
Part 5 Fall Prevention <i>Deborah A. D'Avolio</i>	480

xii ■ Contents

Part 6 Pain and Older Adults <i>Deborah A. D'Avolio</i>	488
Part 7 Palliative Care <i>Jennifer R. Howard</i>	494
Part 8 Medications and Older Adults <i>Deborah A. D'Avolio</i>	501
Part 9 Sleep Disorders <i>Donna M. Glynn</i>	506
Part 10 Urinary Incontinence <i>Mary L. McDonough</i>	511
Part 11 Discharge Planning and Teaching <i>Arlene J. Lowenstein</i>	518
Part 12 SBAR Communication <i>Eva Beliveau</i>	525
Glossary	531
Selected Websites for Geriatric Information	536
Index	537