

Contents

Foreword	6
Online Addiction at a Glance	8
Overview	10
Is Online Addiction Real?	21
Primary Source Quotes	28
Facts and Illustrations	31
Can People Get Addicted to Social Networking?	36
Primary Source Quotes	43
Facts and Illustrations	46
How Serious a Problem Is Compulsive Online Gaming and Gambling?	50
Primary Source Quotes	57
Facts and Illustrations	60
Can People Recover from Online Addiction?	64
Primary Source Quotes	71
Facts and Illustrations	74
Key People and Advocacy Groups	78
Chronology	80
Related Organizations	82
For Further Research	85
Source Notes	88
List of Illustrations	91
Index	92
About the Author	96