

Contents

Contributors [xi](#)

1	Definitions and key elements in palliative care	1
2	Symptom assessment	9
3	Clinical decision making	23
4	Pain assessment and management	31
5	Fatigue	73
6	Cachexia	87
7	Dehydration	97
8	Anxiety and depression	105
9	Sleep disturbance	115
10	Chronic nausea and vomiting	127
11	Constipation and bowel obstruction	139
12	Delirium	153
13	Clinical issues related to palliative sedation	165
14	Dyspnea	169
15	Emergencies in palliative care	181
16	Other symptoms: xerostomia, hiccups, pruritis, pressure ulcers and wound care, lymphedema, and myoclonus	193
17	Management of cancer treatment–related adverse effects	205
18	Radiotherapy and palliative care	219
19	Hospice approach to palliative care, including Medicare hospice benefit	229
20	Psychosocial and cultural considerations in palliative care	241

21	Spiritual issues in palliative care	253
22	The palliative care team	269
23	Family conference: role in palliative care	275
24	Ethical aspects of palliative medicine	281
25	Prognostication in palliative care	299
26	Frequent pharmacological interactions in palliative care	313
27	Pediatric palliative care	333
28	Palliation in the care of older adults	349
29	Palliative care in end-stage heart failure	361
30	Palliative care in end-stage liver disease	371
31	Renal palliative care	381
32	Palliative care in patients with AIDS	391
33	Palliative care in end-stage neurological disease	401
34	Palliative care in end-stage chronic obstructive pulmonary disease	415
35	Palliative care in the intensive care unit (ICU)	425
36	Research in terminally ill patients	439
37	Prevention and management: burnout in health-care providers	449
	Index	465