Contents

1	Psychology for Children and Adolescents P. Alex Linley and Carmel Proctor	1
Par	rt I Strengths and Well-Being	
2	The Importance of Good Character Carmel Proctor	13
3	Assessment and Promotion of Life Satisfaction in Youth E. Scott Huebner, Kimberly J. Hills, and Xu Jiang	23
4	Promoting Hope Among Youth: Theory, Research, and Practice Lisa M. Edwards and Jessica B. McClintock	43
Par	rt II Interventions and Applications	
5	Flourishing Among Children and Adolescents: Structure and Correlates of Positive Mental Health, and Interventions for Its Enhancement Andrew J. Howell, Corey L.M. Keyes, and Holli-Anne Passmore	59
6	Assessment of Character Strengths in Children and Adolescents Tayyab Rashid, Afroze Anjum, Carolyn Lennox, Denise Quinlan, Ryan M. Niemiec, Donna Mayerson, and Fahim Kazemi	81
7	Gratitude Intervention in Adolescence and Young Adulthood Nathaniel M. Lambert and Amanda Veldorale-Brogan	117

x Contents

Par	t III Family, Friends, and Community		
8	Parent-Child Relationships and Well-Being	131	
9	Peer Relations B. Bradford Brown and Michael T. Braun	149	
10	The Emotional Warmth Approach to Professional Childcare: Positive Psychology and Highly Vulnerable Children in Our Society Colin Maginn and R.J. Seán Cameron	165	
Part IV Positive Education			
11	A Place for Well-Being in the Classroom? Ian Morris	185	
12	Positive Education, or Just Education	199	
13	Enhancing Well-Being in Adolescents: Positive Psychology and Coaching Psychology Interventions in Schools Lisa Suzanne Green and Jacolyn Maree Norrish	211	
Part V Positive Youth Development: Practice, Policy, and Law			
14	Sociomoral Development for Behaviorally At-Risk Youth: Mac's Group Meeting John C. Gibbs, Granville Bud Potter, and Ann-Marie DiBiase	225	
15	Positive Youth Development in Organized Programs: How Teens Learn to Manage Emotions Natalie Rusk, Reed W. Larson, Marcela Raffaelli, Kathrin Walker, LaTesha Washington, Vanessa Gutierrez, Hyeyoung Kang, Steve Tran, and Stephen Cole Perry	247	
16	Legal Foundations of Adolescents' Rights and Positive Youth Development	263	