

Contents

UNIT I

FOUNDATIONS OF NURSING PRACTICE

CHAPTER 1

Introduction to Nursing 1

CHAPTER 2

Cultural Diversity 7

CHAPTER 3

Health and Illness 12

CHAPTER 4

Health of the Individual, Family,
and Community 17

CHAPTER 5

Theory, Research, and
Evidence-Based Practice 22

CHAPTER 6

Values, Ethics, and Advocacy 27

CHAPTER 7

Legal Implications of Nursing 33

UNIT II

COMMUNITY-BASED SETTINGS FOR PATIENT CARE

CHAPTER 8

Healthcare Delivery Systems 39

CHAPTER 9

Continuity of Care 44

CHAPTER 10

Home Healthcare 49

UNIT III

THE NURSING PROCESS

CHAPTER 11

Blended Skills and Critical Thinking
Throughout the Nursing Process 54

CHAPTER 12

Assessing 60

CHAPTER 13

Diagnosing 66

CHAPTER 14

Outcome Identification and Planning 72

CHAPTER 15

Implementing 79

CHAPTER 16

Evaluating 84

CHAPTER 17

Documenting, Reporting, Conferring,
and Using Informatics 89

UNIT IV**PROMOTING HEALTH ACROSS
THE LIFE SPAN****CHAPTER 18****Developmental Concepts 96****CHAPTER 19****Conception Through Young Adult 103****CHAPTER 20****The Aging Adult 110****UNIT V****ROLES BASIC TO NURSING CARE****CHAPTER 21****Communicator 114****CHAPTER 22****Teacher and Counselor 122****CHAPTER 23****Nurse Leader and Manager 129****UNIT VI****ACTIONS BASIC TO NURSING CARE****CHAPTER 24****Vital Signs 134****CHAPTER 25****Health Assessment 142****CHAPTER 26****Safety, Security, and Emergency
Preparedness 151****CHAPTER 27****Asepsis and Infection Control 158****CHAPTER 28****Complementary and Alternative
Therapies 165****CHAPTER 29****Medications 169****CHAPTER 30****Perioperative Nursing 178****UNIT VII****PROMOTING HEALTHY PHYSIOLOGIC
RESPONSES****CHAPTER 31****Hygiene 186****CHAPTER 32****Skin Integrity and Wound Care 194****CHAPTER 33****Activity 204****CHAPTER 34****Rest and Sleep 215****CHAPTER 35****Comfort 224****CHAPTER 36****Nutrition 233****CHAPTER 37****Urinary Elimination 243****CHAPTER 38****Bowel Elimination 251****CHAPTER 39****Oxygenation 262****CHAPTER 40****Fluid, Electrolyte, and Acid–Base
Balance 272**

UNIT VIII**PROMOTING HEALTHY
PSYCHOSOCIAL RESPONSES****CHAPTER 41****Self-Concept 283****CHAPTER 42****Stress and Adaptation 290****CHAPTER 43****Loss, Grief, and Dying 297****CHAPTER 44****Sensory Functioning 305****CHAPTER 45****Sexuality 312****CHAPTER 46****Spirituality 320****ANSWER KEY 327**