## **Contents**

Foreword	6
Teenage Eating Disorders at a Glance	8
Overview	10
What Are Eating Disorders? Primary Source Quotes Facts and Illustrations	22 29 32
Why Do Teenagers Develop Eating Disorders? Primary Source Quotes Facts and Illustrations	36 43 46
What Are the Dangers of Eating Disorders? Primary Source Quotes Facts and Illustrations	50 57 60
Can Teenagers Overcome Eating Disorders? Primary Source Quotes Facts and Illustrations	64 71 74
<b>Key People and Advocacy Groups</b>	78
Chronology	80
Related Organizations	82
For Further Research	86
Source Notes	88
List of Illustrations	91
Index	92
About the Author	96