CONTENTS

Practice Planners® Series Preface	xi
Acknowledgments	xiii
Introduction	1
Sample Treatment Plan	10
Academic Underachievement	14
Adoption	26
Anger Control Problems	38
Anxiety	52
Attachment Disorder	66
Attention-Deficit/Hyperactivity Disorder (ADHD)₩	78
Autism Spectrum Disorder ♥	91
Blended Family	104
Bullying/Intimidation Perpetrator	116
Conduct Disorder/Delinquency	126
Depression ♥	142
Disruptive/Attention-Seeking	155
Divorce Reaction	167
Enuresis/Encopresis	179
Fire Setting	192
Gender Identity Disorder	201
Grief/Loss Unresolved	208
Intellectual Development Disorder	219
Low Self-Esteem	230
Lying/Manipulative	242
Medical Condition	255
Obsessive-Compulsive Disorder (OCD)	267
Oppositional Defiant	279
Overweight/Obesity	294
Parenting	307
Peer/Sibling Conflict	320
Physical/Emotional Abuse Victim	330
Posttraumatic Stress Disorder (PTSD)	340
School Refusal♥	354

x CONTENTS

Separation Anxiety	367
Sexual Abuse Victim	380
Sleep Disturbance♥	391
Social Anxiety♥	402
Specific Phobia V	414
Speech/Language Disorders	425
Appendix A Bibliotherapy Suggestions	436
Appendix B Professional References for	
Evidence-Based Chapters	460
Appendix C Other Professional References for Selected Chapters	490
Appendix D Index of Therapeutic Games, Workbooks,	
Toolkits, DVDs, Videotapes, and Audiotapes	494
Appendix E Recovery Model Objectives and Interventions	496
Appendix F Alphabetical Index of Sources for Assessment	
Instruments and Clinical Interview Forms Cited in Interventions	503